



ACT OF *Spiritual Communion*

(CATHOLIC)

In the name of the Father, the Son,
and the Holy Spirit (+). Amen.

The Lord's Prayer

Our Father, Who art in heaven,
Hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Spiritual Communion Prayer

by St. Fr. Pio

My Jesus, I believe that you are truly
present in the Most Blessed Sacrament.
I love You above all things and I desire to
Possess You within my soul.
Since I am unable at this moment to
Receive You sacramentally,
come at least spiritually into my heart.
I embrace You as being already there,
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.
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Silent Prayer

Continue with a moment of silent prayer.

In the name of the Father, the Son, and the
Holy Spirit (+).

Amen.

